

LHIC Behavioral Health Work Group Meeting
1.28.16 – 9:30 a.m.
Minutes

Members Present:

Roe Rodgers-Bonaccorsy, HCHD	Naa Minnoh, Healthy Howard
Maura Rossman, HCHD	Deb Piez, HCMHA
Joan Webb Scornaienchi, HC DrugFree	Tiffany Callender, Horizon Foundation
Antigone Vickery, HCHD	Matthew Stevens, Healthy Howard
Kathy Brooks Jones, Columbia Association	Kaya Swann, HC Dept. of Citizens Svcs.
Donna Wells, HCMHA	Elena Acs, Grassroots
Leslie Kain, NAMI HC	Fairborz Zarfeshan, ALFA Pharmacy

Also present:

Jeananne Sciabarra, Healthy Howard

I. Introductions

Roe called the meeting to order at 9:38 and members introduced themselves.

II. Approval of minutes from 11.18.15

There was one correction to the minutes. Donna noted that the 22 suicides were for calendar year 2014, not 2015. With this change, the minutes from 11.18.15 were approved.

III. Updated Data Tracking Sheet

Roe noted that the data tracking sheet had been updated with information sent to Alvaro. Donna noted that there were 2 new trainers and 2 trainings for Mental Health First Aid, and that there were 4 Crisis Intervention refresher trainings, including information on dealing with older adults.

Jeananne noted that the Community Care Team Social Worker had worked with 20 clients in the 2nd quarter of FY16.

These additions will be incorporated into the tracking sheet and sent out.

Donna also noted that the Mobile Crisis Team is now able to make referrals to the Rapid Access Program.

IV. New Year, New Work Group Structure

Roe announced that the work group would be changing its meeting structure in order to focus on a few specific actions in 2016. The full work group will continue to meet after full LHIC meetings. In the off months, smaller subgroups will meet to work on projects. Roe and Donna identified the following subgroups:

1. Toolkit Subgroup – Strategy 1, #2: Develop educational tools for providers.
2. Data Analysis – Strategy 2, #1: Review and analyze data for at-risk populations.
3. Awareness – Strategy 3, #1: Increase awareness of and participation in drug prevention programs using social media, newsletters, forums, and community fairs.

Toolkit

Leslie is taking the lead on this group. The plan is to survey primary care providers, behavioral health providers, and school system personnel to determine needs. Objective of the survey is to get a sense of providers' processes and how what the group creates could fit into the process. The group is also researching what toolkits/resources are already available. Maura asked what resources the group needs and also cautioned that providers get information about new resources every day. Leslie asked whether the group should recommend particular screenings or just inform providers of the screenings available and recommend that screenings occur.

Fairborz suggested that the toolkit should be web-based. Elena noted that not everyone would be comfortable using a web-based platform.

Part of toolkit is how to determine what resource is appropriate for what situation. Elena noted that there are many private practice behavioral health providers who are not really linked and that others don't know about. Donna said that many are part-time providers and they are not connected to a larger group – can be difficult to reach out to them.

Joan mentioned that she is doing prescriber interviews around opioids. Probably some overlap between toolkit and her work.

The group also discussed creating another subgroup to create a campaign around Mental Health Month in May. Several organizations have events planned, so the group can combine efforts. LHIC staff will work with co-chairs to establish a meeting date in the next two weeks. Organizations involved: HCHD, HC MHA, HC DrugFree, NAMI HC, and Grassroots.

V. Task Groups Sign-Up

Roe passed around a sheet where members could sign up for one or more of the subgroups. LHIC staff will send the sign-up out electronically as well. Leaders will reach out to schedule meetings.

VI. LHIC Community Forum

Roe will create a first draft of the Community Forum presentation and send to Donna and the rest of the group for comments. Matt volunteered to help make the presentation “engaging.” Topics to include: Task Force, action plan, accomplishments to date, upcoming May campaign, HC MHA's new searchable database.

VII. March Work Group Meeting

Because the March full LHIC meeting will be the community forum, work groups will need to schedule a separate meeting. The Behavioral Health work group will meet on Wednesday, March 9, at 2:00 p.m.

VIII. Announcements/Information Sharing

Donna expects the new searchable database on the HC MHA website to be completed in time for the Community Forum in March.

Jeanne announced that the Advanced Primary Care Collaborative meeting on February 16 will focus on pain management and end of life care. She will send the agenda to the work group – all are welcome.

The group brainstormed ideas for the Community Forum and the following suggestions were made: create reusable shopping bags with the LHIC logo and website, include a handout directing people to the website for more information, put the logo on thumb drives with the presentations, hand out a one-page data “dashboard.”

Maura announced that DHMH is going to stop grant funding for uninsured clients for Substance Abuse treatment in January, 2017. Moving to fee for service model. Only one provider in Howard County accepts MA and cannot serve entire population. Howard County needs to build a network of providers who can serve those with MA or uninsured. HCHD is working to build this network. An RFP was sent out, but there was only one response. HCHD has also reached out to Chase Brexton. Noted that low reimbursement rates and high no-show rates are barriers.

Donna announced that Guy Guzzone is sponsoring a bill to ensure inflation-adjusted reimbursement rates for MH providers.

Roe announced upcoming overdose response trainings. February 22 and March 21, 10:00 a.m. Roe thanked Alpha pharmacy for delivering naloxone to trainings.

Meeting adjourned at 10:55.

Respectfully Submitted,
Jeananne Sciabarra